

UniGames Camp 2015 Menu

GF = Gluten free

V = Vegetarian

VE = Vegan

LF = Lactose free

Day\Meal	Breakfast	Lunch	Dinner
Friday	-	-	<ul style="list-style-type: none"> Pasta (LF) (VE) Bolognese sauce (GF) (LF) Vegetarian sauce (VE) (GF) (LF) Gluten-free pasta (VE) (GF) (LF)
Saturday	<ul style="list-style-type: none"> Cereal (VE) Toast (VE) (LF) Gluten-free bread (GF) (LF) (VE) Fruit (GF) (VE) (LF) 	<ul style="list-style-type: none"> Beans (GF) (VE) (LF) Eggs (GF) (V) (LF) Bacon (LF) (GF) Vegetarian bacon (VE) (LF) Bread/Gluten-free bread (GF) (LF) (VE) Green salad (VE) (GF) (LF) 	<ul style="list-style-type: none"> Sausages (LF) Vegetarian sausages (VE) (GF) (LF) Roast veggies (VE) (GF) (LF) Bread rolls (VE) (LF) Gluten-free bread (VE) (GF) (LF) Green salad (VE) (GF) (LF)
Sunday	<ul style="list-style-type: none"> Cereal (VE) Toast (VE) (LF) Gluten-free bread (GF) (LF) (VE) Fruit (GF) (VE) (LF) 	<ul style="list-style-type: none"> Sausages (GF) (LF) Vegetarian sausages (VE) (GF) (LF) Roast veggies (VE) (GF) (LF) Bread rolls (VE) (LF) Gluten-free bread (VE) (GF) (LF) Green salad (VE) (GF) (LF) 	<ul style="list-style-type: none"> Noodles (VE) (LF) Gluten-free Noodles (VE) (GF) (LF) Green salad (VE) (GF) (LF)
Monday	<ul style="list-style-type: none"> Cereal (VE) Toast (VE) (LF) Gluten-free bread (GF) (LF) (VE) Fruit (GF) (VE) (LF) 	-	-

Snacks available for free	<ul style="list-style-type: none"> Bread (VE) (LF) Gluten-free bread (GF) (VE) (LF) Condiments (GF) (VE) (LF) Cheese (V) (GF) Fruit (GF) (VE) (LF) Cereal (VE) Tea and coffee (GF) (VE) (LF)
Snacks available for purchase	<ul style="list-style-type: none"> Doritos (VE) (LF) Popcorn (GF) (VE) (LF) Chocolate bars/blocks (V) (GF) Cans of soft drink (GF) (VE) (LF) Fruit juice (GF) (VE) (LF)