UniGames Camp 2015 Menu

GF = Gluten free
V = Vegetarian
VE = Vegan
LF = Lactose free

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| **Day\Meal** | **Breakfast** | **Lunch** | **Dinner** |
| **Friday** | - | - | * Pasta (LF) (VE)
* Bolognese sauce (GF) (LF)
* Vegetarian sauce (VE) (GF) (LF)
* Gluten-free pasta (VE) (GF) (LF)
 |
| **Saturday** | * Cereal (VE)
* Toast (VE) (LF)
* Gluten-free bread (GF) (LF) (VE)
* Fruit (GF) (VE) (LF)
 | * Beans (GF) (VE) (LF)
* Eggs (GF) (V) (LF)
* Bacon (LF) (GF)
* Vegetarian bacon (VE) (LF)
* Bread/Gluten-free bread (GF) (LF) (VE)
* Green salad (VE) (GF) (LF)
 | * Sausages (LF)
* Vegetarian sausages (VE) (GF) (LF)
* Roast veggies (VE) (GF) (LF)
* Bread rolls (VE) (LF)
* Gluten-free bread (VE) (GF) (LF)
* Green salad (VE) (GF) (LF)
 |
| **Sunday** | * Cereal (VE)
* Toast (VE) (LF)
* Gluten-free bread (GF) (LF) (VE)
* Fruit (GF) (VE) (LF)
 | * Sausages (GF) (LF)
* Vegetarian sausages (VE) (GF) (LF)
* Roast veggies (VE) (GF) (LF)
* Bread rolls (VE) (LF)
* Gluten-free bread (VE) (GF) (LF)
* Green salad (VE) (GF) (LF)
 | * Noodles (VE) (LF)
* Gluten-free Noodles (VE) (GF) (LF)
* Green salad (VE) (GF) (LF)
 |
| **Monday** | * Cereal (VE)
* Toast (VE) (LF)
* Gluten-free bread (GF) (LF) (VE)
* Fruit (GF) (VE) (LF)
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| **Snacks available for free** | * Bread (VE) (LF)
* Gluten-free bread (GF) (VE) (LF)
* Condiments (GF) (VE) (LF)
* Cheese (V) (GF)
* Fruit (GF) (VE) (LF)
* Cereal (VE)
* Tea and coffee (GF) (VE) (LF)
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| **Snacks available for purchase** | * Doritos (VE) (LF)
* Popcorn (GF) (VE) (LF)
* Chocolate bars/blocks (V) (GF)
* Cans of soft drink (GF) (VE) (LF)
* Fruit juice (GF) (VE) (LF)
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